

5th Annual E3 Family 2K/5K Fun Run/Walk

Saturday, October 16, 2010

START/FINISH:

Grapeland Elementary School
7171 Etiwanda Avenue
Rancho Cucamonga

Early Bird Fun Run Check In
Friday, October 15 4-6 p.m.
@ Grapeland Elementary
Avoid long lines in the morning!
Get Your Runner's Bib, Runner's
Bag and T-shirt.



Etiwanda Excellence in Education Foundation

Awards:

2k: 1-3 place medals for boys and girls, age groups 9 and under and 10-14

5k: 1-3 place medals in all divisions, male and female

Assorted Raffle prize drawing

Visit our website:
www.E3foundation.org

REGISTRATION FEES

Early Registration Postmarked On or Before 10/1	After 10/1 or on race day
Ages 14 and under \$15	Ages 14 and under \$20
Ages 15 and over \$20	Ages 15 and over \$25

Race Day Registration Available!

T-Shirts for all Early Registrations!
While supplies last for all others!

For more information contact us at
Etiwandaexcellenceineducation@gmail.com

Race Day Schedule:

7:00 AM Check In/Late Registration

Mascot Dash @ 7:55 AM

2K Race @ 8:00 AM

5K Race @ 8:30 AM

Unofficial Race Timing Available

Check if you would not like to have your info name, etc. released to Runner's World

Check to not be on our mailing list

Mail entry form & check payable to **E3 Foundation, PO Box 684, Rancho Cucamonga, CA 91729**

LAST NAME: _____ FIRST: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE NUMBER (WITH AREA CODE): _____

EMAIL ADDRESS: _____

AGE: _____ DATE OF BIRTH: _____

SEX: M F T-SHIRT SIZE (ADULT SIZES): S M L XL XXL
(YOUTH SIZES): S M L

School the runner attends or that the runner is affiliated with. School with the most registrations earns a plaque for the school office.

SCHOOL: _____

OFFICIAL USE ONLY: _____

Age Group (circle one)

9 and under 30-39

10-14 40-49

15-19 50-59

20-29 60 +

Distance (circle one)

2K 5K

Total : \$ _____

(fee is non-refundable)

WAIVER: In consideration of acceptance of this entry into the E3 2K/5K road race, I the undersigned intending to be legally bound do hereby, for myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against the race director and officials, the City of Rancho Cucamonga, E3, the Etiwanda School District and any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in this event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, traffic and the condition of the road. All such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event and my physical condition has been verified by a licensed Medical Doctor within the last 6 months. I know bicycles, in-line skates and skateboards are not allowed on the course. I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recording or any other record of this event for any legitimate purposes without compensation or remuneration.

SIGNATURE (Parent/guardian must sign if under 18) _____ **DATE** _____

This is not a district sponsored event