

# 11th Annual E3 Family 2K/5K Run/Walk

Saturday, October 1, 2016

## START/FINISH:

**\*\*Central Park\*\***

11200 Baseline Road  
Rancho Cucamonga



## REGISTRATION FEES

Online Registration available:  
[www.E3foundation.org](http://www.E3foundation.org)

Packet Pick-Up  
Friday, September 30, 4-6 p.m.  
@ Day Creek Intermediate  
Avoid long lines in the morning!  
Get Your Runner's Bib and T-shirt.

## Etiwanda Excellence in Education Foundation

### Awards:

#### \*Finisher Medals for All\*

**2K:** 1<sup>st</sup>-3<sup>rd</sup> place medals for boys and girls in age groups 9 & under and 10-14

**5K:** 1<sup>st</sup>-3<sup>rd</sup> place medals for boys and girls in age groups 9 & under and 10-14

Trophy for 1<sup>st</sup>-3<sup>rd</sup> place overall male and female runners

Early Registration On or Before 9/23	Registration After 9/23 or on race day
<i>T-shirts for all Early Registrations</i>	<i>T-shirts may not be available</i>
Ages 14 and under \$20	Ages 14 and under \$25
Ages 15 and over \$30	Ages 15 and over \$35

For more information contact us at  
[Etiwandaexcellenceineducation@gmail.com](mailto:Etiwandaexcellenceineducation@gmail.com)

## Race Day Schedule:

7:00-7:30 AM Late Registration  
7:00-7:45 AM Packet Pick-Up  
Mascot Dance Off @ 7:55 AM  
2K Race @ 8:00 AM  
5K Race @ 8:30 AM

## Official Chip Timing

Visit our website:  
[www.E3foundation.org](http://www.E3foundation.org)

Mail entry form & check by September 23 payable to **E3 Foundation, 12345 Coyote Drive, Rancho Cucamonga, CA 91739**

**OR register in person at Packet Pick-Up or on Race Day (see above)**

**OR Register online by 4:00 PM on September 30 @ [www.E3foundation.org](http://www.E3foundation.org)**

LAST NAME: \_\_\_\_\_ FIRST: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE NUMBER (WITH AREA CODE): \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

SEX: M F T-SHIRT SIZE (ADULT SIZES): S M L XL XXL

(YOUTH SIZES): S M L

School the runner attends or that the runner is affiliated with. School with the most registrations earns a plaque for the school office.

SCHOOL: \_\_\_\_\_

Age Group (circle one)

9 & under 30-39

10-14 40-49

15-19 50-59

20-29 60 +

Distance (circle one)

2K 5K

Total : \$ \_\_\_\_\_

(fee is non-refundable)

OFFICIAL USE ONLY: \_\_\_\_\_ v1

WAIVER: In consideration of acceptance of this entry into the E3 2K/5K road race, I the undersigned intending to be legally bound do hereby, for myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against the race director and officials, the City of Rancho Cucamonga, E3, the Etiwanda School District and any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in this event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, traffic and the condition of the road. All such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event and my physical condition has been verified by a licensed Medical Doctor within the last 6 months. I know bicycles, in-line skates and skateboards are not allowed on the course. I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recording or any other record of this event for any legitimate purposes without compensation or remuneration.

SIGNATURE (Parent/guardian must sign if under 18) \_\_\_\_\_

DATE \_\_\_\_\_

This is not a district sponsored event