

Etiwanda Excellence In Education Foundation

# 13<sup>th</sup> Annual E3 Family 2K/5K Run/Walk

## Saturday, October 6, 2018 at Central Park

T-shirts for early registrants! Finisher medals for all! 1<sup>st</sup>-3<sup>rd</sup> medals in brackets listed below! Trophies for overall 1-3<sup>rd</sup> in 5K race. Raffle Prizes for runners!

### Race Day Schedule

7:00-7:30 a.m. Late registration  
7:00-7:45 a.m. Packet pick-up  
Mascot dance off @ 7:45 a.m.  
2K Race @ 8:00 a.m.  
5K Race @ 8:30 a.m.

### Official Chip Timing



### Early Packet Pick-Up

Avoid long lines in the morning!  
Get your runner's bib & t-shirt.

Friday, October 5<sup>th</sup> from 4-6 p.m.  
@Grapeland School, 7171 Etiwanda Ave.

### Early Registration Fees

On or before 9/23

**\$25** Ages 14 and under     **\$30** Ages 15 and over  
(Non-refundable Fee)

Children 4 & under free with adult / no t-shirt or bib

### Registration Fees

On or after 9/24

**\$30** Ages 14 and under     **\$40** Ages 15 and over  
(Non-refundable Fee, No T-shirt)

Children 4 & under free with adult / no t-shirt or bib

### Registration

Online at [www.e3foundation.org](http://www.e3foundation.org) by 6pm on Oct. 5, 2018. In person at early pick-up or race day.  
Mail form & check (postmarked no later than 9/23/18) E3 Foundation, 7171 Etiwanda Ave., Etiwanda 91739

Complete all fields: One registration per runner

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Birthday: \_\_\_\_\_ Email: \_\_\_\_\_

Sex: M F     T-shirt size: (select one)     **(Adult)** S M L XL XXL     **(Youth)** S M L

**Note: No T-shirt guarantee for registrations after September 23, 2018**

**Event Entering:** (check one)

**2K Run** ... \_\_\_ages 9 & under; \_\_\_ages 10-14; \_\_\_ages 15 & older (No place medals)

**5K Run** ... \_\_\_ages 9 & under; \_\_\_ages 10-14; \_\_\_ages 15- 19; \_\_\_ages 20-29; \_\_\_ages 30-39; \_\_\_ages 40-49; \_\_\_ages 50-59; \_\_\_ages 60+

**WAIVER:** In consideration of acceptance of this entry into the E3 2K/5K race, I the undersigned intending to be legally bound do hereby, for myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against the race director and officials, the City of Rancho Cucamonga, E3, the Etiwanda School District, and any and all race sponsors and supporters, volunteers, their agents, successors, and assigns, for any and all injuries suffered by me in this event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, traffic and the condition of the road. All such risks being known and appreciated by me, I attest and verify that I am physically fit and sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor within the last 6 months. I know bicycles, in-line skates and skateboards are not allowed on the course. I hereby grant full permission to any and all of the foregoing to use my photograph, videotapes, motion pictures, recordings or any other record of this event for many legitimate purposes without compensation or remuneration.

**SIGNATURE** (Parent/guardian must sign if under 18) \_\_\_\_\_ **DATE** \_\_\_\_\_

(For E3: Total: \$ \_\_\_\_\_ Cash \_\_\_ Check # \_\_\_\_\_ by: \_\_\_\_\_)

This is not a district-sponsored event.